

# Program Overview

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Planet Aid, Inc., WISHH, WVI

Sofala Province, Mozambique

Support requested from USDA

# Interventions

- Information, education, communication on HIV/AIDS for 200,000 people
- Training 450 school teachers
- Direct distribution of soy commodities to 2,900 HIV/AIDS affected families
- Creation of 50 soy restaurants

# WISHH Involvement

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Providing technical assistance on two interventions:

- Direct distribution to 2,900 HIV/AIDS affected families
- Creation of 50 soy restaurants

# WISHH Involvement

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- Technical assistance on baseline (draft questionnaire, guiding data collection teams, data analysis)
- Training on food preparation, recipe creation
- Training on commodity handling
- Set-up of monitoring system
- Support on commodity tracking
- Technical assistance on evaluation

# “Soy Restaurants”

What are they?

- Restaurants that are set up to provide nutritious meals (using soy products) at reduced cost
- Soy products being used in the meals in Mozambique are textured soy protein (TSP) and defatted soy flour
- These products are combined with local foods to create more nutritious dishes that are acceptable
- Can be in a building or served on the street

# “Soy Restaurants” also...

- Serve as a place to obtain information about HIV/AIDS
- Build the capacity of people to manage a small business
- Provide a mechanism for generating income
- Increase the nutritional value of local foods
- Increase demand for soy products

# Soy Restaurant Food Preparation



# Making Veggie Burgers and Samosas



# As We Move Forward...

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- Soy restaurants are for all people in the community, not just PLWHA
- Continue to move towards sustainability and increased income generation
- Link restaurants with local businesses that can provide soy products on a commercial basis

# In Closing

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- WISHH can provide technical services (e.g. baseline, monitoring, evaluation, food preparation, recipe development, working with processors on product development, program design)
- Soy restaurants are one example of how soy can be used to promote both humanitarian and economic goals