

## Services Success: Reports from the Front Lines of WISHH

WISHH-Planet Aid Soy Restaurants are Beneficial in the Sofala Province in Mozambique

*Submitted by Cade Fields-Gardner, Nutrition Consultant*

Maricina Gernro, Domingos Rui Tomucene, and Espique Casterira Chase are beneficiaries of the DAPP Soya Restaurants in Gorongosa in Mozambique because they are taking part in the WISHH-DAPP program there. The Soya Restaurants provide soy-containing meals for free to chronically ill and orphan beneficiaries and charge a nominal fee to others to support their sustainability.



Mericina, 55 years old, was chosen as a Soya Restaurant beneficiary by Field Officer Maria Rafael Valentin after evaluating her health situation in her home. Mericina has been enjoying the benefits of the soya-containing meals since the start of the program in July 2005.

She appreciates the opportunity and says that she has felt much better as a result of daily meals at the Restaurante Tsuassicana. She hopes that the program will continue because of its healthful benefits.



Espique, 33 years old, has lived in Gorongosa all her life. Field Officer Maria Rafael accompanied her in her first visit to the restaurant in 2005. She says that



the meals are very well prepared and nutritious. She is well aware that the program was funded for a period of three years with DAPP and hopes that the restaurants will be able to continue when the program closes in December of this year.

Domingos, now 17 years old, is an orphan who has no mother or father. He was invited to become a

beneficiary of the Restaurante Tsuassicana in 2005 and says that the food is both good and has benefited through weight gain and better health from when he first started visiting the restaurant. His favorite uses of soy are with fish, in porridge, and as a part of very tasty soy cakes.

